

**Walking Spirituality Walks
Fall/Winter 2026**

Date	Walk	Location	Leader	QR Code to Register
Sept. 26th	Walk with your Ears Combined with St. Francis Ministry Bird Watching	DeKorte Park www.njsea.com/parks-and-trails Urban Nature Oasis at Meadowlands Environment Center	Mary Lynch and Carol Mateo https://forms.gle/imMRcu75dWdPyTQN6	
	Walk after eating Ch. 42	Self-guided		
October 3rd	Amble Among the Trees 9 am mass	Celery Farm, Allendale Possibly reflect at Crestwood with a picnic reflection “anticipate”	Alison Corcoran	
October 17th	Climb Hills Walk with your eyes	State Line Alpine Palisades Njpalisades.Org	Maryellen	
October 31st	Walk to Remember Mass at 9 am	Westfield Cemetery Mindowaskin Park for lunch	Fr. Anthony	
November 21st	Walk Backwards Improve your Gait	Presentation Labyrinth		
December 12	Walking as Meditation Combined with Peace and Justice ministry	St. Francis Cabrini Church and the Cloisters		